

Hair Guide



Neat, secure hairstyles help dancers move safely and confidently in class. Please follow the guide below for all classes.



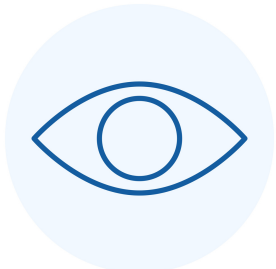
WHY IT MATTERS

Neat hairstyles keep hair out of your face, prevent distractions and allows your teacher to see your alignment and expression.



Safety

Keeps hair secure during movement and turning.



Focus

Helps dancers concentrate without distractions.



Professionalism

Promotes discipline, pride and presentation in every class.



Consistency

Ensures a uniform standard across all classes.

HAIR BY CLASS

Recommended Hairstyles



Ballet

Sleek classical bun centered over the crown.

- Hair off the face
- No wisps or flyaways
- Use bun net to secure



Tap, Modern, Jazz and Contemporary

High ponytail secured neatly at the crown.

- Hair off the face
- No wisps or flyaways



PBT

Neat high bun or sleek pony tail.

- Hair off the face
- Securely fastened
- No wisps or flyaways



Acro

Sleek bun or hair neatly secured

- Hair off the face
- No wisps or flyaways

GENERAL GUIDELINES

- ✓ All hair must be tied back - no hair in the face
- ✓ Hair nets and bobby pins should be used to secure buns
- ✓ Ensure all hairstyles are secure and tidy
- ✓ Dancers with short hair - please use clips or headbands to keep hair off the face

